

FOOD MENU

DAY	BREAKFAST	AM SNACK	LUNCH	PM SNACK	DINNER
DAY 1	BLACK RICE AND WHITE RICE SUNNY SIDE UP EGG AMPALAYA W/EGG BULAD MANGO CAMOTE/ BREAD	CASSAVA CAKE BUKO SHAKE	BLACK RICE AND WHITE RICE PORK SINIGANG CALAMARES SPECIAL CHAPSUEY TAPIOCA PINEAPPLE SOFT DRINKS (MISMO)	CHICKEN EMPANADA CANNED JUICE (FOUR SEASONS)	BLACK RICE AND WHITE RICE KOREAN SOTANGHON NATIVE CHICKEN TINOLA SPICY PORK RIBS BUKO SALAD PAPAYA SOFT DRINKS (MISMO)
DAY 2	BLACK RICE AND WHITE RICE BACON BLANCHED VEGIES W/ GINAMOS PAKSIW BANANA CAMOTE/ BREAD	BANANA TURON W/ LANGKA CANNED JUICE (FOUR SEASONS)	BLACK RICE AND WHITE RICE FISH TINOLA PORK ADOBO PINAKBIT MANGO FLOAT WATER MELON SOFT DRINKS (MISMO)	CARROT CAKE FRUIT SHAKE	BLACK RICE AND WHITE RICE GRILLED FISH BUTTERED CHICKEN BARBECUE LAW-OY GULAY PINEAPPLE BROWNIES SOFT DRINKS (MISMO)
DAY 3	BLACK RICE AND WHITE RICE LONGGANISA BULAD-DANGGIT TORTANG TALONG ORANGE CAMOTE/BREAD	YEMA CAKE CALAMANSI JUICE (BOTTLED)	BLACK RICE AND WHITE RICE BEEF BULALO GINATAANG LANGKA GRILLED TUNA PORK CHOP GRAPES TAPIOCA SOFT DRINKS (MISMO)	PUTO MAYA WITH MANGO SIKWATE	BLACK RICE AND WHITE RICE PORK ADOBO W/ CHICKEN LIVER BEEF KARE-KARE LAW-OY GULAY BIHON GUISADO PAPAYA FRUIT SALAD SOFT DRINKS (MISMO)
DAY 4	BLACK RICE AND WHITE RICE TUNA OMELETTE FRIED BANGUS PORK TOCINO APPLE CAMOTE/BREAD	PINEAPPLE PIE MANGO SHAKE	BLACK RICE AND WHITE RICE PORK AFRITADA KINILAW MALASUGUE CHAPSUEY SEAWEED SALAD WATER MELON MACARONS SOFT DRINKS (MISMO)	BANANA CAKE CUCUMBER JUICE	BLACK RICE AND WHITE RICE CHICKEN MINUDO PORK NILAGA GARLIC SHRIMP BEEF STEAK PAPAYA MANGO FLOAT SOFT DRINKS (MISMO)
DAY 5	BLACK RICE AND WHITE RICE FISH PAKSIW SCRAMBLED EGG BLANCHED VEGIES W/ GINAMOS BANANA CAMOTE/BREAD	SUMAN CANNED JUICE (FOUR SEASONS)	BLACK RICE AND WHITE RICE PANCIT GUISADO BICOL EXPRESS NATIVE CHICKEN TINOLA FISH FELLET FRUIT SALAD PINEAPPLE SOFT DRINKS (MISMO)	CHOCOLATE MOIST CALAMANSI JUICE (BOTTLED)	BLACK RICE AND WHITE RICE CHICKEN HALANG2X SQUID ADOBO GRILLED FISH CREAM SOUP TAPIOCA PINEAPPLE SOFT DRINKS (MISMO)

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DAY 6	BLACK RICE AND WHITE RICE TORTANG TALONG FISH PAKSIW SUNNY SIDE UP EGG BANANA BREAD/CAMOTE	YUM BURGER TROPICANA JUICY PULP, 355 ML BOTTLED WATER 350 ML	BLACK RICE AND WHITE RICE BUTTERED SHRIMP BAM-I CHICKEN ADOBO SPECIAL CHAPSUEY BROWNIES SOFT DRINKS (MISMO)	SPAGHETTI WITH SLICE BREAD CANNED JUICE (FOUR SEASONS)	BLACK RICE AND WHITE RICE TUNA TINOLA SINUGLAW PINAKBET CHICKEN BARBECUE PINEAPPLE MANGO FLOAT SOFT DRINKS (MISMO)
DAY 7	BLACK RICE AND WHITE RICE BACON BLANCHED VEGIES W/ GINAMOS PAKSIW BANANA CAMOTE/ BREAD	SANDWICH BREAD WITH CAMOTE CHIPS CANNED JUICE (FOUR SEASONS)	BLACK RICE AND WHITE RICE FISH TINOLA PORK ADOBO PINAKBIT MANGO FLOAT WATER MELON SOFT DRINKS (MISMO)	BIKO WITH LATIK FRUIT SHAKE	BLACK RICE AND WHITE RICE GRILLED FISH BUTTERED CHICKEN BARBECUE LAW-OY GULAY PINEAPPLE BROWNIES SOFT DRINKS (MISMO)
DAY 8	BLACK RICE AND WHITE RICE SUNNY SIDE UP EGG AMPALAYA W/EGG BULAD MANGO CAMOTE/ BREAD	CAMOTE FRIES WITH PEANUT BUKO SHAKE	BLACK RICE AND WHITE RICE PORK SINIGANG CALAMARES SPECIAL CHAPSUEY TAPIOCA PINEAPPLE SOFT DRINKS (MISMO)	CHICKEN EMPANADA CANNED JUICE (FOUR SEASONS)	BLACK RICE AND WHITE RICE KOREAN SOTANGHON NATIVE CHICKEN TINOLA SPICY PORK RIBS BUKO SALAD PAPAYA SOFT DRINKS (MISMO)
DAY 9	BLACK RICE AND WHITE RICE LONGGANISA BULAD-DANGGIT TORTANG TALONG ORANGE CAMOTE/BREAD	YEMA CAKE CALAMANSI JUICE (BOTTLED)	BLACK RICE AND WHITE RICE BEEF BULALO GINATAANG LANGKA GRILLED TUNA PORK CHOP MANGO TAPIOCA SOFT DRINKS (MISMO)	BANANA CUE TOPICANA JUICE 355 ML	BLACK RICE AND WHITE RICE PORK ADOBO W/ CHICKEN LIVER BEEF KARE-KARE LAW-OY GULAY BIHON GUISADO PAPAYA FRUIT SALAD SOFT DRINKS (MISMO)
	BLACK RICE AND WHITE RICE TUNA OMELETTE FRIED BANGUS	CASSAVA CAKE HALO-HALO	BLACK RICE AND WHITE RICE PORK AFRITADA KINILAW MALASUGUE	BANANA CAKE CUCUMBER JUICE	BLACK RICE AND WHITE RICE CHICKEN MINUDO PORK NILAGA

DAY 10	PORK TOCINO MANGO CAMOTE/BREAD	CHAPSUEY SEAWEED SALAD WATER MELON MACARONS SOFT DRINKS (MISMO)	GARLIC SHRIMP BEEF STEAK PAPAYA MANGO FLOAT SOFT DRINKS (MISMO)
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DAY	BREAKFAST	AM SNACK	LUNCH	PM SNACK	DINNER
DAY 11	BLACK RICE AND WHITE RICE FISH PAKSIW SCRAMBLED EGG BLANCHED VEGIES W/ GINAMOS BANANA CAMOTE/BREAD	SUMAN CANNED JUICE (FOUR SEASONS)	BLACK RICE AND WHITE RICE- PANCIT GUISADO BICOL EXPRESS NATIVE CHICKEN TINOLA FISH FELLET FRUIT SALAD PINEAPPLE SOFT DRINKS (MISMO)	CHOCOLATE MOIST CALAMANSI JUICE (BOTTLED)	BLACK RICE AND WHITE RICE CHICKEN HALANG2X SQUID ADOBO GRILLED FISH CREAM SOUP TAPIOCA PINEAPPLE SOFT DRINKS (MISMO)
DAY 12	BLACK RICE AND WHITE RICE TORTANG TALONG FISH PAKSIW SUNNY SIDE UP EGG BANANA BREAD/CAMOTE	YUM BURGER TROPICANA JUICY PULP, 355 ML	BLACK RICE AND WHITE RICE LITSON PIG- 30 Kilos KINILAW MALASUGUE FRIED CHICKEN SOTANGHON GUISADO PINEAPPLE MACARONE SALAD SOFT DRINKS (MISMO)	CAMOTE CUE CANNED JUICE (FOUR SEASONS)	BLACK RICE AND WHITE RICE TUNA TINOLA SINUGLAW PINAKBET CHICKEN BARBECUE PINEAPPLE MANGO FLOAT SOFT DRINKS (MISMO)

NOTE: UNLIMITED RICE
UNLIMITED COFFEE (NESCAFE COFFEE), CREAMER, SUGAR, MILO
TOYO, SUKA AND SILI