



Remarks: This form is based on Standard Form Number SF-GOOD-60; Revised on: May 24, 2004; Standard Form Title: Request for Quotations issued by GPPB

## Republic of the Philippine AGRICULTURAL TRAINING INSTITUTE Regional Training Center III Government Complex, San Ramon, Dinalupihan, Bataan 2110

			nequest for Quotationy Submission of Proposal Conden rule XVI Atternative Methods of Procurement (Sec 53.9) Small Value i	20	23020161
ıd-Us R Nur	60	202302	020	RFQ Number: RFQ Date:	FEB 07 2023
R Dat	e: _			RFQ Sheet Number:	( 50 0 1 2020
lease	quote your lowe	est price on the item/s listed belo	ow, subject to the General Instructions below setforth, stating the shortest time of delivery.	-	ELSA F. VICTORIA BAC Chairman
NER/	L INSTRUCTION	IS TO BIDDERS:			BAC Clauman
2 3 4 5 6 7 8 9 10 11 12 13 14 15	DEADLINE F Delivery/ Con Prospective B Any specifical Quotations m Price validity: Quotations/ P Only sealed q The bidder is Awarding sha Validity of sto Any alternatio Payments sha	cor Submission of Quot instruction/ Labour period/ Serviciders / Suppliers are required tions other than those required tions other than those required tions other than those required to all kinds of taxes is shall be for a period of			

## Training Course on Agro-Hydrology and Dam Design for Diversion Dam (Dam Design Training for DD) August 7-17, 2023 Bataan

## MENU

August 7, 2023

Breakfast	Rice, Sunny side up egg, Tocino, Daing na Bangus with coffee
AM Snack	Lomi with Pandecito and Pineapple Juice
Lunch	Rice, Steamed Tilapia with soup, Rellenong Talong, Pork SIsig, Yellow watermelon
PM Snack	Tuna Sandwich and Coke
Dinner	Rice, Savory Chicken, Pork BBQ, Beef Oriental, Crab and Corn soup, Lakatan

August 8, 2023

Breakfast	Rice, Corned Beef, Hotdog, Sunny Side up Egg, Pandesal
AM Snack	Suman na Lihiya and Hot choco
Lunch	Rice, Grilled Bangus with buro and Mustasa, Pinakbet, Mixed Nilaga, Tarts
PM Snack	Yema roll and Buko Juice
Dinner	Rice, Chicken Asado, Buttered Beans and Carrots, Molo Wanton Soup,
	Pine apple

August 9, 2023

Breakfast	Rice, Skinless Longanisa, Mackerel, Scrambled Egg
AM Snack	ArrozCaldo with Wings and Egg, Four Season
Lunch	Rice, Pork Bistig, Kalabasa and Sitaw Saute, Sinigang sa miso,Banana
PM Snack	Egg pie and Iced tea
Dinner	Rice, Vege Salad, Fish, Chicken BBQ, Cream of mushroom soup, Buko
	Pandan

August 10, 2023

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Breakfast	Rice, Daing na Bangus, Talong and Kamatis, Egg	
AM Snack	Pasta with Tuna in Pink Sauce with Bread and Iced Tea	
Lunch	Rice, Pork BBQ, Fresh Lumpia Ubod, Sinigang Pork Ribs, Empanaditas	
PM Snack	Banana Crunch and Ponkan Juice	
Dinner	Rice, Fish Serciado, Chicken Curry, Cabbage Saute, Banana	

August 11, 2023

Breakfast	Rice, Native Longanisa, Ampalaya, Omelet Egg, Fried Sada
AM Snack	Sotanghon with Soup and Kalamansi Juice
Lunch	Rice, Pork Teriyaki, Fish with sweet and sour, Chicharon with young corn,
	water melon
Pm Snack	Sotanghon with puto, and buko juice
Dinner	Sinigang yellow fin , Relenong bangus, rice, Chicken Brocolli, Assorted
	fruits

August 12, 2023

Breakfast	Rice, Sunny side up egg, Tocino, Daing na Bangus with coffee
AM Snack	Lomi with Pandecito and Pineapple Juice
Lunch	Rice, Steamed Tilapia with soup, Rellenong Talong, Pork Slsig, Yellow watermelon
PM Snack	Tuna Sandwich and Coke
Dinner	Rice, Savory Chicken, Pork BBQ, Beef Oriental, Crab and Corn soup, Lakatan

August 13, 2023

Breakfast	Rice, Corned Beef, Hotdog, Sunny Side up Egg, Pandesal
AM Snack	Suman na Lihiya and Hot choco
Lunch	Rice, Grilled Bangus with buro and Mustasa, Pinakbet, Mixed Nilaga, Tarts
PM Snack	Yema roll and Buko Juice
Dinner	Rice, Chicken Asado, Buttered Beans and Carrots, Molo Wanton Soup,
	Pine apple

August 14, 2023

Breakfast	Rice, Skinless Longanisa, Mackerel, Scrambled Egg
AM Snack	ArrozCaldo with Wings and Egg, Four Season
Lunch	Rice, Pork Bistig, Kalabasa and Sitaw Saute, Sinigang sa miso,Banana
PM Snack	Egg pie and Iced tea
Dinner	Rice, Vege Salad, Fish, Chicken BBQ, Cream of mushroom soup, Buko
	Pandan

August 15, 2023

Breakfast	Rice, Daing na Bangus, Talong and Kamatis, Egg, Luncheon Meat
AM Snack	Pasta with Tuna in Pink Sauce with Bread and Iced Tea
Lunch	Rice, Pork BBQ, Fresh Lumpia Ubod, Sinigang Pork Ribs, Empanaditas
PM Snack	Banana Crunch and Ponkan Juice
Dinner	Rice, Fish Serciado, Chicken Curry, Cabbage Saute, Banana

August 16, 2023

Breakfast	Rice, Native Longanisa, Ampalaya, Omelet Egg, Fried Sada
AM Snack	Sotanghon with Soup and Kalamansi Juice
Lunch	Rice, Pork Teriyaki, Fish with sweet and sour, Chicharon with young corn,
	water melon
Pm Snack	Sotanghon with puto, and buko juice
Dinner	Sinigang yellow fin , Relenong bangus, rice, Chicken Brocolli, Assorted
	fruits

Prepared by:

FREVALYN V. ATIENZA

Admin Asst.