

AUGUST 7-11, 2023

DATE:	BREAKFAST	AM SNACKS	LUNCH	PM SNACKS	DINNER
AUGUST 7, 2023	Rice, Tocino, Fried Egg, Tinapa, Fried Saba, Bottled Mineral and Banana	Pancit Palabok, Putong Puti, Softdrinks	Rice, Kare-kare, Chicken Teriyaki, buttered vegetables, Buko pandan, soup, Mineral Water	Sopas with puto and buko juice	Pork barbeque, Chapsuey, mixed seafoods, Inihaw na bangus, Soup and Fruits, Water
AUGUST 8, 2023	Fried Rice, Hot dog, Slatel Egg, Fried dilis, SPAM, Mineral Water	Sandwich, Spaggetti Pasta and Incan-Pineapple Juice	Rice, Chicken wings, Menudo, Laing, Fried Fish, Soup, Salad, Mineral Water,	Clubhouse with fries and softdrinks	Sinigang salmon belly, Crispy Pata, Kalderetang baboy, soup Bottled Water, Coffee jelly, Rice
AUGUST 9, 2023	Rice, Salted Egg, Daing na Bangus, Skinless, Mineral Water	Halo Halo and Toasted Siopao	Rice, Chopsuey Higado, Sarciadong galunggong and Corn soup, ube halaya, Water	Sandwich and Palabok with drinks	Rice, Sinampalukang manok, Pinakbet, sisig, soup Pastries/Bottled Water, Leche plan
AUGUST 10, 2023	Rice, Longganisa, Sunny side up egg, Tinapa, fried talong and Water	Tuna Ham Pasta with sandwich and Lemon Juice	Rice, Tinolang manok, , Ginataang langka, Barbeque and water , Inihaw na isda, buko pandan	Egg Salad Sandwich with bananaque Fruit Juice	Buffalo wings , Buttered Vegetables, ,Bottled Water, Binagoongang Baboy, Soup Salad,
AUGUST 11, 2023	Rice, Boiled Veggies (Talong, Sitaw, Okra, Talbos ng Kamote), Chicken Tocino with Tomato Slices, Hotdog, Sunny Side Up Egg and Banana	Baked Mac with Sandwich and Juice	Rice, Seafood Kare-Kare, Relyenong Bangus, Porkchop, Pumpkin Soup, Vegetable and Apple	Banana que and camote que with ham and cheese and drinks	Rice, Pork Caldereta, Chicken Wings, Chopsuey, Cream of Mushroom Soup and Buko Pandan

Prepared by: .


Pineda, Maurice A.