## FRESH NATIVE SAUSAGE (PURE)

#### **INGREDIENTS**

#### Meat Material:

Pork, Lean, ground Pork backfat, cubed 700 grams 300 grams

#### **Curing Mix:**

Salt, refined  $\frac{1}{2}$  tablespoon (6.0 grams) Curing salt  $\frac{1}{2}$  teaspoon ((2.0 grams) 1 teaspoon (3.0 grams) Phosphate <sup>1</sup>/<sub>4</sub> cup (62.5 grams) Water

#### Seasonings/Spices:

4 tablespoons (40 grams)
$\frac{1}{2}$ - 1.0 tablespoon (2.5-5.0 g)
2 tablespoon (18 grams)
2 tablespoon (18 grams)
2 tablespoon (24 grams)
2 tablespoon (22 grams)
½ teaspoon (2.0 grams)

#### Packaging Materials:

Natural hog casing or collagen casing Polyethylene bag, 6 inches x 8 inches (for  $\frac{1}{2}$  kg. package)



#### PROCEDURE FOR FRESH NATIVE SAUSAGE:

- 1. Select good quality raw materials.
- 2. Separate lean meat from fat.
- 3. Grind lean meat, cube back fat.
- 4. Measure/weight all ingredients, separating curing ingredients and seasonings.
- 5. Mix the curing ingredients, separating curing ingredients and seasonings.
- 6. Add the rest of the ingredients.
- 7. Mix until tacky.
- 8. Cure at room temperature for 8-10 hours or at refrigerator temperature for 1-2 days.
- 9. Stuff in casing and link to desired length.
- 10. Pack in polyethylene bags.
- 11. Store in freezer
- 12. To cook, add a small amount of water and a pinch of salt, boil until water have evaporated, add cooking oil and fry.

Yield (Production) 1.2 kilos

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## FRESH NATIVE SAUSAGE

### (EXTENDED/COMMERCIAL)

200 grams

#### INGREDIENTS Meat Material:

Pork lean, ground 500 grams Pork backfat

#### Extenders:

**Textured Vegetable** Protein (TVP)  $\frac{1}{2}$  cup (75 grams) 1 cup (225 grams) Water for hydration Isolated Soy Protein (ISP) 2 tablespoon (6.0 g) Water for hydration  $\frac{1}{4}$  cup (24 grams)

#### Curing mix:

Salt. refined Curing salt Phosphate Water

1 tablespoon (12 grams)  $\frac{1}{2}$  teaspoon (2.0 grams) 1 teaspoon (3.0 grams)  $\frac{1}{4}$  cup (612.5 grams)

#### Seasonings/Spices:

Sugar, refined  $\frac{1}{4}$  cup (40 grams) Black pepper, ground 1 tablespoon (5.0 grams) 2 tablespoon (18 grams) Soy sauce 2 tablespoon (18 grams) Vinegar 2 tablespoon (24 grams) Anisado Wine 2 tablespoon (22 grams) Garlic, chopped Monosodium

Glutamate (MSG) <sup>1</sup>/<sub>2</sub> teaspoon (2.0 grams)

#### **Packaging Materials:**

Natural hog casing or collagen casing Polyethylene bag, 6 inches x 8 inches (for  $\frac{1}{2}$  kg. package)

#### PROCEDURE FOR EXTENDED (COMMERCIAL) NATIVE SAUSAGE

- 1. Select good quality raw materials.
- 2. Separate lean meat from fat.
- 3. Grind lean meat and cube backfat.
- Measure weigh/ingredients. 4.
- 5. Hydrate ISP and TVP, set aside.
- 6. Add meat to curing mix; mix until tacky.
- 7. Add hydrated ISP and TVP and mix well.
- 8. Cure at room temperature 8-10 hrs. and at refrigerator temperature
- 9. Stuff in fresh (hog) or collagen casing.
- 10. Link.
- 11. Package in desired weights.
- 12. Freeze.

**Yield (Production)** 1.4 kilo

## PURE TOCINO

#### INGREDIENTS

#### **Meat Materials:**

Pork Ham (pigue) or picnic (Kasim) or portions with fat 1,000 grams (I kilo)

#### **Curing Mix:**

Salt, refined1 tablespoon (12 grams)Curing salt½ teaspoon (20 grams)Phosphate dissolved in1 teaspoon (3.0 grams)Water¼ cup (62.5 grams)

#### Seasonings/Spices:

Sugar, refined	9-12 tablespoon (90-120 g)
Garlic, chopped	1.0 tablespoon (11 grams)
Anisado Wine	2 Tablespoon (24 grams)
Pineapple Juice	1/4 cup (64 grams)
Food color* as desired	
Monosodium	
Glutamate (MSG)	½ teaspoon (2.0 grams)
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#### Packaging Materials:

Polyethylene bag, 6 inches x 8 inches (for ½ kg. package) Ordinary plastic 8 inches x 11 inches

\* Mix 1 cup cooled, boiled water plus 1.0 teaspoon food color powder

#### PROCEDURE FOR MAKING PURE TOCINO

- 1. Select good quality raw materials.
- 2. Trim and weight meat.
- 3. Slice meat  $\frac{1}{4}$  inch thick.
- 4. Measure/weigh all the ingredients.
- 5. Mix the curing ingredients with the meat.

- 6. Add the seasonings and spices.
- 7. Mix until well blended.
- 8. Cure either at room temperature for 8-10 hours or refrigerator temperature for 1–2 days.
- 9. Package in polyethylene bags of desired weight.
- 10. Cook with a small amount of water and cooking oil. Allow water to evaporate and fry in oil or store in freezer for 2-4 months, or in refrigerator for up to 1 week.

Yield/Production: 1.25 kilos

Source:

#### ANIMAL PRODUCTS DEVELOPMENT CENTER BUREAU OF ANIMAL INDUSTRY

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# How to Make Fresh Native Sausage *and* Pure Tocino

